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IODINATION OF PEPTIDE HORMONES AND PURIFICATION
OF IODINATED PEPTIDES BY HPLC

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ABSTRACT

Hexagastrin, Arg⁸-vasopressin, oxytocin, Tyr¹-somatostatin, and ACTH 1-39 were iodinated in order to yield precursors for tritium labelling or radioiodinated tracers for radioimmunoassay, respectively. The heterogeneous mixture of iodination products was purified via reversed-phase high-performance liquid chromatography. Iodination of peptides resulted in a marked increase in retention time on the reversed-phase adsorbent. A simple and quick method was applied for purification of radioiodinated peptides on a Sep-pak[®] C-18 cartridge for rapid sample preparation.

INTRODUCTION

The synthesis of iodinated peptide hormones has two aims:

1. Radioactive labelling for RIA and/or receptor binding studies.

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2. Synthesis of non-radioactive, halogenated precursor peptides for further work of tritiation $I \rightarrow {}^3_1H$ exchange by catalytic hydrogenolysis/.

1. Although numerous methods are known and have been applied for many years, there are some problems in the iodination of small peptides. One of the best-known methods is Hunter-Greenwood iodination /1/, using chloramin-T oxidizing agent for the iodid \rightarrow iodine reaction in solution. During this procedure some amino acids /Met, Trp, His, Cys/ can also be oxidized partly or quantitatively by the excess of reagent in the solution. A short reaction time /5, 10 or 20 seconds/ is necessary to minimize side-reaction. Under the conditions applied /highly diluted reaction mixture, short reaction time/, only a part of the peptide reacts and it is necessary to separate the moniodinated peptide from the oxidized by-products in order to increase the specific radioactivity. Numerous techniques have been employed for purification /high-voltage electrophoresis /2/, ion-exchange chromatography /3/, polyacrylamide gel electrophoresis /4/, thin-layer chromatography /5/ gel electrophoresis /6/ and isoelectric focusing /7//. Sediah /8/ used high-performance liquid chromatography for the purification of iodinated Leu-enkephalin, β -MSH, angiotensin, lysin-vasopressin and ACTH.

More recently, a new oxidizing reagent, "Iodogene" /11/ has been introduced for the iodination of peptide hormones. It has some advantages over chloramin-T: the reagent has a very low solubility in water and present adhered as a thin film on the wall of the reaction vials, thus not being in a less direct contact with the peptide molecule in solution. The peptide is dissolved in water, radioactive iodide is added to the solution and the mixture is poured into the reaction

vial containing iodogen on the wall. After some minutes the reaction mixture can be poured out of the vial and purified.

2. For introduction of non-radioactive iodine into the Tyr-residue of peptides, there are two possibilities:

a/ working with mono- or diiodotyrosine during peptide synthesis,

b/ iodination with unlabelled iodine by the methods mentioned for radiolabelling /1,11, 10/ or directly with elemental iodine /9/.

Our aim was to iodinate peptides /hexagastrin, Arg⁸-vasopressin, oxytocin, somatostatin and ACTH/ in order to obtain radioactive-labelled hormones for RIA or to have iodinated peptide precursors for tritiation. HPLC proved to be the method of choice for the separation of mono- and diiodinated peptides from the starting material and the oxidized by-products.

MATERIALS

Protected hexagastrin /Boc-Tyr-Ala-Trp-Met-Asp-Phe-NH₂/, mono- and diiodo-hexagastrin, Arg⁸-vasopressin and oxytocin were synthesized in our laboratory. Tyr¹-somatostatin was purchased from Beckman /Geneve, Italy/, ACTH 1-39 was a generous gift from NIAMDD /Bethesda, USA/. ¹²⁵Iodine /as Na¹²⁵I/ was purchased from the Central Isotope Institute, Budapest. Vycor glass powder 140 mesh was bought from Vycor Glass Works, Corning N.Y. USA.

The high-performance liquid chromatograph consisted of a Waters 6000 A pump and a universal liquid chromatograph injector /Waters U6K/, coupled to an LKB Uvicord III fixed wavelength /20 nm/ UV monitor with an 8 µl. flow-through cell. Methanol and acetonitril were used as supplied by E. Merck /Darmstadt,

Germany/. Water was glass-distilled and deionized. The freshly prepared buffers were passed through a 0.45 μ m Sartorius membrane filter. Elution was effected isocratically at room temperature.

METHODS AND RESULTS

1. Hexagastrin

In order to obtain precursor substances for tritiation and standard substances for HPLC purification, we synthesized hexagastrin, monoiodo- and diiodo-hexagastrin in a stepwise manner, using Boc-monoiodo tyrosine and BOC-diiodotyrosine for the syntheses /the details of the synthesis will be published elsewhere/. The three compounds were separated on a Partisil-10 ODS column /25 cm x 4.6 mm/, applying the following elution solvent: 0.1 M triethylammonium phosphate /pH = 3.20/- acetonitrile 55:45 /v/v/ /flow rate 2 ml/min/

| <u>Compound</u> | <u>Retention time</u> |
|--------------------------|-----------------------|
| BOC-hexagastrin | 4.7 min |
| BOC-monoiodo hexagastrin | 7.3 min |
| BOC-diiodo hexagastrin | 12.7 min |

Iodination of the hormone resulted in a marked increase in retention time on the reversed phase adsorbent, owing to the hydrophobicity of the iodo group.

BOC-diiodo-hexagastrin proved to be suitable as a precursor for tritiation. The radiiodination of hexagastrin was a difficult task: we found that a small amount of iodogene too dissolves in water and can oxidize the methionine residue. The iodination reaction is very slow /as a result of working in highly diluted solutions/, but a longer reaction time leads to oxidation

of the peptide. We made a compromise: if the reaction time was 30-60 seconds, the yield of radiolabelled monoiodinated hexagastrin was $\sim 10\%$ after HPLC purification on a Partisil column.

2. Vasopressin

Arg⁸-vasopressin was synthesized with the solid-phase method on Merrifield polymer. It was found that the iodogene method was not suitable for iodination of vasopressin on a preparative scale: a large amount of unidentified oxidized vasopressin derivative was formed during the reaction. Therefore, iodination was performed with the method of Flouret /9/, applying elemental iodine in alcoholic solution and a reaction time of ~ 10 minutes. HPLC purification of the reaction mixture on a Partisil-10 ODS-2 column /15 cm x 4.6 mm/ yielded diiodo-Arg⁸-vasopressin as main product / $\sim 40\%$ /. Only a small amount of vasopressin and monoiodo-vasopressin remained in the reaction mixture. The solvent system: 0.05 M ammonium acetate /pH = 6.5/ - methanol 6:4 /v/v/; flow rate 1.0 ml/min.

| <u>Compound</u> | <u>Retention time</u> |
|--|-----------------------|
| free iodine | 1.2 min |
| Arg ⁸ -vasopressin | 5.3 min |
| Monoiodo-Arg ⁸ -vasopressin | 19 min |
| Diiodo-Arg ⁸ -vasopressin | 36 min |

Radioiodination of Arg⁸-vasopressin with the Hunter-Greenwood method gave similar results, but owing to the short reaction time /35 sec/ and highly diluted solution /5 μ g AVP in 50 μ l solution/, monoiodo-Arg⁸-vasopressin was the main product. Yields after HPLC purification with the above method: monoiodo-AVP $\sim 40\%$, diiodo-AVP $\sim 8-9\%$. /After radioiodination with ¹²⁵I₂, the peptides were adsorbed on Vycor glass beads before HPLC purification./

3. Oxytocin

Oxytocin was synthesized on solid phase and radioiodinated with $^{125}\text{I}_2$ /Hunter-Greenwood method, 5 ug oxytocin in 50 ul aqueous solution, reaction time: 35 sec/. The reaction mixture was separated on a Nucleosil 5 C-18 column /25 cm x 4.6 mm/. The solvent system: 0.01 M ammonium acetate /pH = 4.0/ - acetonitrile 4:1; solvent flow rate 2 ml/min.

| <u>Compound</u> | <u>Retention time</u> |
|------------------|-----------------------|
| Oxytocin | 4.8 min |
| Moniodo-oxytocin | 11.4 min |
| Diiodo-oxytocin | 15.6 min |

After purification the main product, moniodooxytocin, had a very high specific radioactivity /1800 Ci/mmol/.

4. Somatostatin

Somatostatin does not contain any tyrosine-residue for iodination, and we therefore applied the Tyr¹-analogue of somatostatin. 2.5 ug peptide was radioiodinated with the Hunter-Greenwood method, the peptides were adsorbed on Vycor glass beads, and after desorption purified on a Partisil ODS-2 Column. The solvent system: 0.01 M ammonium acetate /pH = 4.00/ - acetonitrile 7:3, solvent flow rate 1.5 ml/min.

| <u>Compound</u> | <u>Retention time</u> |
|--|-----------------------|
| Tyr ¹ -somatostatin | 13.0 min |
| Moniodo-Tyr ¹ -somatostatin | 50.0 min |
| Diiodo-Tyr ² -somatostatin | 91.0 min |

The main product in this case too was the moniodinated peptide, the amount of diiodinated compound being very small.

5. A simple separation of iodinated peptides on Sep-Pak cartridge

Since the iodinated peptides have much longer retention times on reversed phase adsorbents than those of the original peptides, a very simple technique proved suitable for the separation of these compounds from the reaction mixture after iodination. This technique is also known from the literature /6/: the separation is performed on a Sep-Pak [®] C 18 cartridge /Waters/ for rapid sample preparation. Solvent system: 1 % trifluoroacetic acid containing a methanol gradient from 5 to 90 %. The peptides containing tyrosine were iodinated as mentioned above /the reaction time for ACTH 1-39 was 20 sec/, pre-purified with adsorption on Vycor glass beads and purified on a Sep-Pak [®] C 18 cartridge equilibrated with 1 % trifluoroacetic acid. The results are as follows:

| <u>Compound</u> | <u>Methanol content of gradient</u> |
|---|---|
| Monoiodo-Arg ⁸ -vasopressin | 45-50 % |
| Monoiodo-oxytocin | 55 % |
| Monoiodo-Tyr ¹ -somatostatin | 65 % |
| Monoiodo-ACTH 1-39 | 60-65 % |

DISCUSSION

Four peptide hormones were iodinated and purified on reversed-phase high-performance liquid chromatography and on Sep-Pak [®] C-18 cartridge. Both methods are very simple, do not require any complicated instruments and give pure iodinated peptides suitable for RIA measurements.

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